



SINHGAD TECHNICAL EDUCATION SOCIETY'S  
RMD SINHGAD TECHNICAL INSTITUTES CAMPUS  
RMD SINHGAD SCHOOL OF ENGINEERING, WARJE, PUNE-58  
DEPARTMENT OF COMPUTER ENGINEERING  
Academic Year 2017-18 (SEM-I)

## EVENT REPORT

### Institute Level Seminar on "Women's Health Awareness" 2017

**Day & Date:** Tuesday, 10<sup>th</sup> October 2017.

**Time:** 03:00 pm To 4:30 pm.

**Venue:** Seminar Hall, Computer Engineering Department..

**Name of Guest:**

Dr. Rekha U. Kulkarni.

Gynecologist,

Trimurti Hospital, Dhayari, Pune.

Email: [rukgyn@gmail.com](mailto:rukgyn@gmail.com)

Mobile: - 9822007198

An Institute level seminar on "Women's Health Awareness" under 25 years of Celebration of STES was organized by department of Computer Engineering on 10<sup>th</sup> October 2017. Thought behind this seminar was to provide awareness about health which depends on stress management, diet and exercise. Health is an important component of human development. With the rapid changes brought about through globalization and the resultant new economic order, there is an increase in the need for academic studies to be focused on the area of women's health. The proposed seminar precisely intended to deliberate and contribute to the understanding of a wide span of issues particularly focusing on the gendered aspects of women's health.

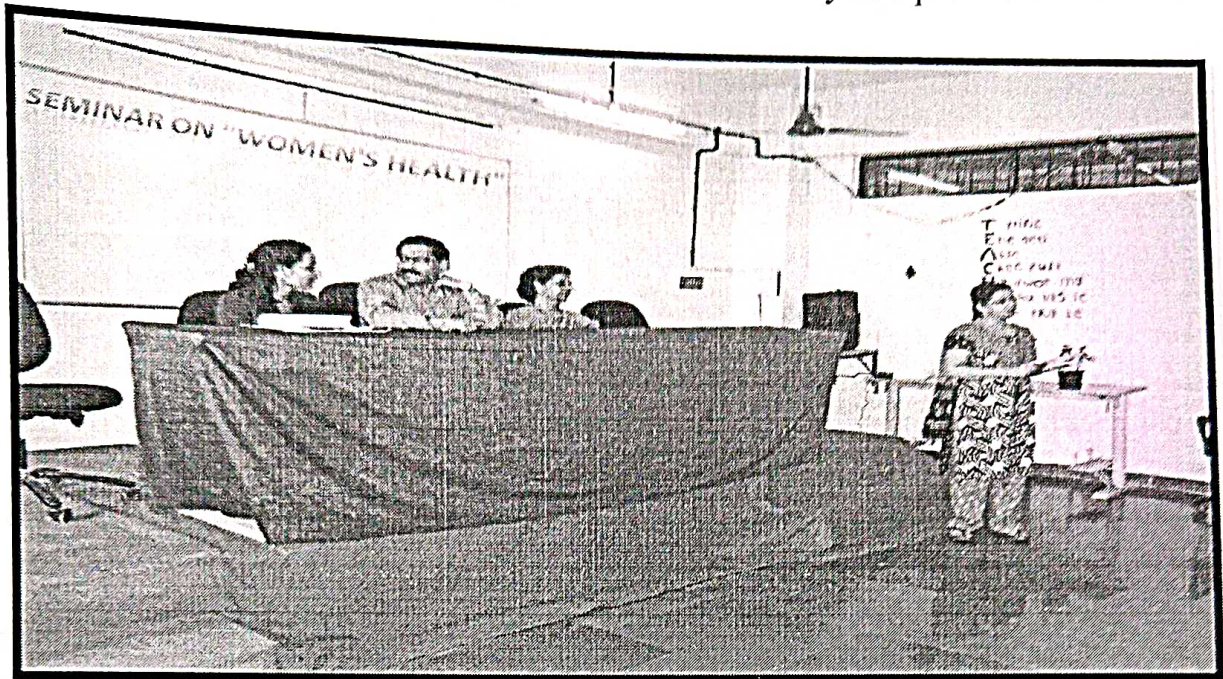
**Purpose:**

The seminar proposed to look into issues pertaining to women's access to health care facilities in India, the impact of new reproductive technology on women's reproductive health, the rise in sexually transmitted diseases among women, health problems of working women.



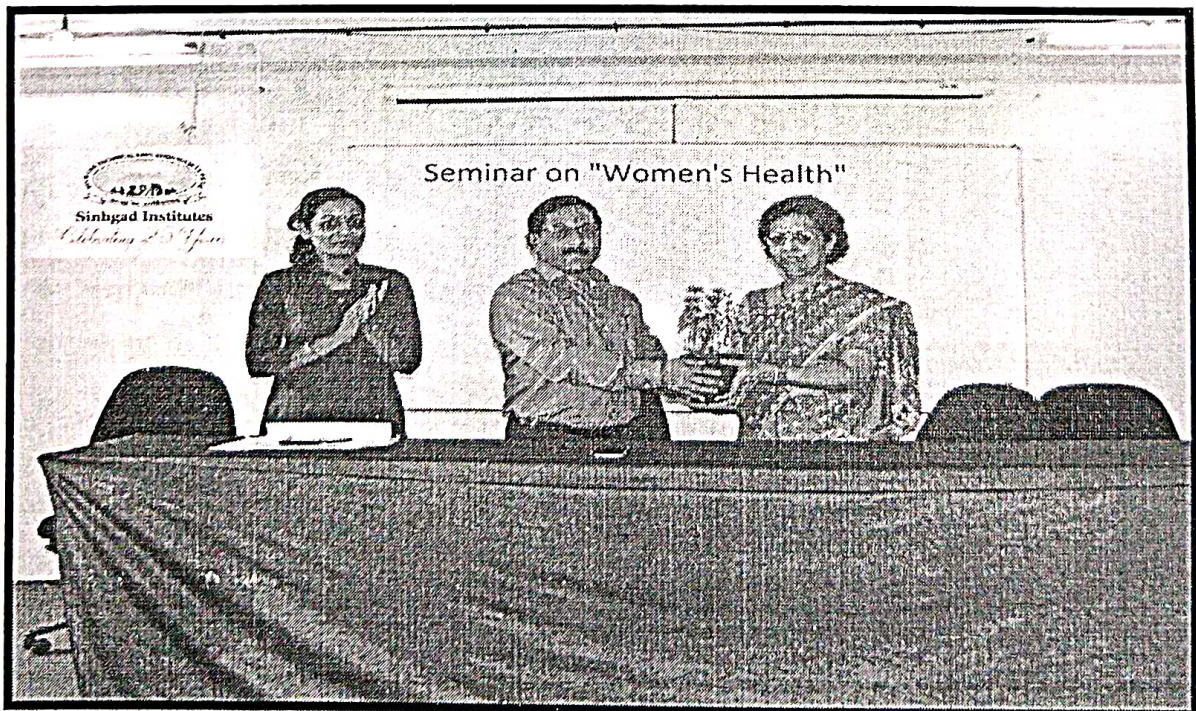
## I. Introductory Speech

The guest was Dr. Rekha U. Kulkarni who has specialized in Gynecology. She is serving to nation since 30yrs. She owns a hospital in Pune "Trimurty Hospital".



## II. FALICITATION OF GUEST

Guest was felicitated by Principal of RMDSSoE, Warje- Dr. C. B. Bangal.





### III. SPEECH BY GUEST

Dr. Rekha Kulkarni in her session spread the awareness about the essence of exercise for Woman fitness. She also addressed various issues impacting woman health at various ages and how can we mitigate their impact with regular exercise. She then suggested to handle the inequality both inside and outside the workplace which can affect the health and safety of women at work.



Following major issues have been discussed by guest.

- Health of mother and children
- Balanced diet
- Cleanliness
- Personal hygiene
- Importance of exercise
- Awareness and prevention of common diseases and epidemics
- Health, Hygiene and Nutrition of Women
- Health Issues of Working Women: Organized and Unorganized Sectors
- Feedback and discussion

### IV. VOTE OF THANKS

This seminar promoted a very healthy and positive effect among the women as they learnt a lot from it. They also promised to implement it practically in their families. Thanks giving speech was delivered for those who attended the seminar and to the guest who guided us and managed to come from her busy schedule.

Guest Remark:

Date	Name	Sex	Remark	Contact Details	Suggestion
12/11/17	Dr. Rekha Uday Kelkar	Female	I had a wonderful time with the place and people.	Trinivesti Hospital Sindhapet Road rukjgn@gmail.com	More persons to person interactions will be welcome

Ms. Munmun Bhagat  
Coordinator

Ms. Vina M. Lomte  
HOD